CORRECT VOLTAGE REGULATOR SELECTION IS KEY TO BATTERY LIFE IN WEARABLES

Wearables have emerged as the next big market opportunity in the electronics industry. Smart watches, as shown in Figure 1, are among the most popular wearable items today. The healthcare market, including the medical, fitness and wellness sectors, promises even broader opportunities.

The majority of wearable gadgets have a number of things in common. Wearable devices must:
- Be always ready for use
- Be small and lightweight in order to be easy to wear
- Last a sufficiently long time on a recharge or on a disposable battery
- Support short periods of activity, spending the majority of time in idle or sleep mode
- Last a very long time in idle or sleep mode

These requirements place heightened demands on all the technologies underlying the products. Batteries must be ever-smaller and last longer. For example, smart phone batteries have a range of capacities around 2000 mAh. The battery of a smart watch, while much smaller in size and with a charge capacity about 10 times smaller, is still required to operate for the same time duration between recharges as its smart phone big brother. Correspondingly, a quantum leap in performance is required from the rest of the watch's electronic components. Namely, they must be small and consume minimum power both in active mode and in passive (stand-by and shutdown) mode.

Low power consumption all around
Until recently the primary focus for voltage regulation design has been the efficiency of power delivery in active mode, from light to peak to full load. Business is routinely won and lost over a fraction of a percent of efficiency advantage. With the efficiency curve well understood and opportunities for improvement reaching saturation the focus is shifting to optimizing the power savings in passive mode. Passive mode corresponds to the system being in idle mode (still on but in standby) or in sleep mode (when the system is in shutdown).

Regulator low shutdown current
To meet the battery life needs of wearables we must, therefore, look at a new breed of voltage regulators with ultra-low current in passive modes. An example is MAX1722, a boost converter optimized for wearable applications. Aggressive power savings techniques have been employed to minimize the current consumption when the system is in sleep mode and the regulator is shutdown.

In shutdown all the regulator control circuits are switched off, leaving only the unavoidable parasitic leakages which produce...
minimal discharge of the battery and the output capacitor. Leakage of a few nanoamps occurs at the BATT pin (ILB in Figure 2), and tens of nanoamps at the OUT pin (ILO). The leakage at the OUT pin is higher due to the presence of the power train on this pin.

Figure 2  Boost converter quiescent/shutdown current

Regulator low quiescent current
When the system is in idle mode the voltage regulator is typically in stand-by, ready to come alive on command. In stand-by the load handled by the voltage regulator is minimal, hence, its quiescent current becomes important as it significantly affects the regulator efficiency. In this state MAX1722 operates with minimum overhead, resulting in a quiescent current of a few nanoamps at the input (IQB in Figure 2) and a few microamps at the output (IQO), where all the control circuitry is referred to. Figure 3 shows that the MAX1722 typical quiescent current is 1.5 µA for a 3.3V output. The curve is measured at ambient temperature. Over the temperature range of 0 to +85°C this parameter is guaranteed to stay below 3.6 µA. Thus, with its 150 mA in active mode and ultra-low current in passive mode, the part, housed in a small 2 x 2 mm µDFN package, is an appropriate solution for voltage regulation in wearable applications.

Figure 3  MAX1722 boost converter quiescent current into OUT pin

We have discussed the importance of minimizing the voltage regulator quiescent and shut down currents when the system it is powering is in idle or sleep mode. The example showed that when these two parameters are reduced an order of magnitude or more below the norms expected of prior-generation products the battery life is dramatically improved. Future products from the same source will continue to push the envelope by further reducing the regulator size and further isolating its circuitry from the battery and the output capacitor in passive mode. This will reduce even more the parasitic leakages which rob current from the energy storage elements, ultimately extending the system operating time.

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